



**ITU Triathlon Continental Cup and Championships
Post-Event Reporting Document for Technical Delegates (TD)**

| | |
|-----|-------------------------------------|
| ✓ | Indicates satisfactory or well done |
| ✘ | Indicates improvement required |
| n/a | Indicates no applicable |

A combined ✓ ✘ indicates that some elements were satisfactory and some need improvement. A comment must accompany any ✘. The report is intended to assist LOC and ITU in the always challenging job of improving our events and presenting the sport at the best possible level for athletes, media, television, sponsors and spectators.

Once the report is finalized, please forward for approval to ITU. Once the Report is approved, a copy will be forwarded to the Continental EB, Continental Technical Committee Chair, ITU Technical Committee Chair, the Host NF and the LOC.

| | |
|--|-----------------------|
| Event: | Junior European Cup |
| Location: | Zilina |
| Date: | 18.8.2019 |
| Team Leader (if applicable): | n/a |
| Technical Delegate: | Petr Muzicek (CZE) |
| Assistant Technical Delegate (if applicable): | Marian Czina (SVK) |
| Medical Delegate (if applicable): | n/a |
| Head Referee: | Radana Novakova (CZE) |
| Media Delegate (if applicable): | n/a |
| LOC: | Tomas Jurkovic |
| Report 's submission date: | 9.9.2019 |

GENERAL

| 1. Event Details | | Data |
|--|--|--------|
| 1.1 Start Times | Women | 13:00 |
| | Men | 15:00 |
| | Paratriathlon (if applicable) | |
| 1.2 Water Temperature (all events) | | 21,6°C |
| 1.3 Air Temperature (all events) | | 24°C |
| 1.4 Athletes' briefing presentation (Please attached the ppt. file to this report) | | |
| 1.5 Accurate distances | Swim course | 760m |
| | Swim exit to Transition | 100m |
| | Bike course | 20km |
| | Total bike course' elevation | 20m |
| | Run course | 5km |
| | Total run course' elevation | 0m |
| 1.6 Paratriathlon accurate distances (if applicable) | Swim exit to pre-transition | |
| | Number or sharp corners in the bike (≥ 90 degrees) | |
| | Number or sharp corners in the run (≥ 90 degrees) | |

| 2. General Overview | Score (1– 5) |
|---------------------------|--------------|
| 2.1 Safe and fair | 4 |
| 2.2 Spectator friendly | 5 |
| 2.3 Media friendly | 4 |
| 2.4 Sponsor services | 3 |
| 2.5 Event 'Look and Feel' | 4 |
| 2.6 Legacy for community | 4 |

| 3. LOC Strengths | ✓ | ✗ | Comments... |
|--|---|---|---|
| 3.1 LOC Management Structure | X | | This event is supported by mayor of Zilina city |
| 3.2 LOC Commitment and connection to the community | X | | |
| 3.3 Special committee strengths | X | | |
| 3.4 Adequate number of trained volunteers | X | | |

TECHNICAL OPERATIONS

| 4. Swim Course/Start | ✓ | ✗ | Comments |
|--|---|---|--|
| 4.1 Course Layout | | | Swim without changes from last year. We only add one more turning boy. Only not fully comfortable is start where athletes has to go to water crossing slippy stones in the water. There should be pontoon for the future. In swim exit small stones only, so no major problem for the athletes. 3 moto boats to cover swim part, 5 paddle boards |
| a) Turn angles greater than 90° | X | | |
| b) Buoy construction | X | | |
| 4.2 Pontoon/Platform start | | | |
| a) Width | X | | |
| b) Spacing | X | | |
| c) Numbering | X | | |
| d) Carpeted | X | | |
| 4.3 Swim exit | | | |
| a) Width | X | | |
| b) Surface condition | X | | |
| c) Carpeted | X | | |
| d) Exit visibility | X | | |
| e) Path from swim exit to transition | X | | |
| 4.4 Depth measurements (whole course) | X | | |
| 4.5 Start procedure equipment provided | X | | |
| 4.6 Number/ Function of boat(s) | X | | |
| 4.7 Water safety personnel | X | | |
| 4.8 Marine Life / Hazards | X | | |
| 4.9 Paratriathlon (if applicable) | | | |
| a) Sea conditions – surf zones | | | |
| b) Swim exit assistants. | | | |
| c) Location of pre-transition area. | | | |

| 5. Transition | ✓ | ✗ | Comments |
|---|---|---|---|
| 5.1 TA layout and design | X | X | Layout fair, but not typical (2 exits, 2 inputs). The same as last year. Is impossible to change it to TA where |
| 5.2 Athlete ID plate as per Branding Guidelines | X | | |
| 5.3 Boxes for race gear adequate in size and labeled with | X | | |

| | | | |
|---|---|--|--|
| athletes' number | | | athletes can go through in each lap of bike and run. The same layout is used for Slovak Championship on the same courses and layout. |
| 5.4 Mount, Dismount Line / Zone clearly marked | X | | |
| 5.5 Transition carpeted | X | | |
| 5.6 Paratriathlon (if applicable) a) Folding chairs provided in the transition area. b) Spacing according to the ITU CR. c) Transition zone's surface. | | | |

| 6. Bike Course | ✓ | ✘ | Comments |
|--|---|---|---|
| 6.1 Road surface, topography, technical challenges, laser/ GPS measurement | X | | 3 laps for bike course, there and back. From safety point of view I see to possibilities for improvement – first 1km from TA should be managed by fences as there is big potencial to fail. A lot of spectators are moving from TA to bike course close to the course with fences on 1 side only, around the bridge are volunteers only |
| 6.2 Course swept and clear | X | | |
| 6.3 Traffic controlled and road closure safety | x | X | |
| 6.4 Wheel stations | X | | |
| 6.5 Whistles and flags – caution areas for pedestrians, media, officials | | X | |
| 6.6 Lap counting boards | X | | |
| 6.7 Lapped athletes | X | | |
| 6.8 Number of motorcycles available for officials | x | | |
| 6.9 Paratriathlon (if applicable) a) No maximum gradient of over 12%. b) Width of the road/corners. c) Penalty box (locations, signage) | | | |

| 7. Run Course | ✓ | ✘ | Comments |
|---|---|---|--|
| 7.1 Road surface, topography, technical challenges, laser/ GPS measurement | X | | Flat course, there and back. 1 aid station with water and sponges. Penalty box places et the end of each lap |
| 7.2 Km markers | | X | |
| 7.3 Aid Stations (locations, distance between, equipment) | X | | |
| 7.4 Lap counting boards | X | | |
| 7.5 Penalty box (location, signage) | X | | |
| 7.6 Paratriathlon (if applicable) a) Wheelchair accessible course. No maximum gradient of over 5%. At the steepest point. b) Non-a trail type run courses. c) Run course to be wide enough to allow a wheelchair athlete and another athlete space to pass each other. d) VI Free leading zones (locations, signage) e) Aid stations trained to serve VI athletes. | | | |

| 8. Finish Area | ✓ | ✘ | Comments |
|---|---|---|---|
| 8.1 Gantry position and width (min 5m wide) | | X | Width of finish gantry is 3m only. Distance from finish gantry to media stand aprx. 5m. As there were 3-4 official photographers only, no problem with this layout. |
| 8.2 Distance from gantry to media stand (min 15m) | | X | |
| 8.3 Finish line markings | X | | |
| 8.4 Photo finish cameras in place | | X | |
| 8.5 Position of timing equipment | X | | |

| 9. Recovery Area | ✓ | ✘ | Comments |
|---------------------------------|---|---|---|
| 9.1 Distance to the finish area | X | | Enough food and drinks for the athletes |
| 9.2 Appropriately staffed | X | | |

| | | | |
|---|---|---|--|
| 9.3 Sufficient shade available and cool down equipment (cool baths) | | X | |
| 9.4 Sufficient water, replacement fluids, fruit available | X | | |

SPORT PRESENTATION & CEREMONIES

| 10. Sport Presentation | ✓ | ✘ | Comments |
|--|---|---|----------|
| 10.1 Athlete Introduction Protocol adhered to | X | | |
| 10.2 Announcers approved and briefed | X | | |
| 10.3 A PA system that covers all key competition areas | | | |
| 10.4 Music selection appropriate for the venue and culture | | | |
| 10.5 Language – English and host | X | | |
| 10.6 Big Screen | | X | |

| 11. Medal Ceremony Presentation | ✓ | ✘ | Comments |
|--|---|---|---|
| 11.1 Set-up, Ceremony Look and location | X | | Managed by Chris Kitchen, ETU vice-president. No flowers. |
| 11.2 Hostesses properly dressed | | | |
| 11.3 Managed by LOC SP Manager | X | | |
| 11.4 Presentation rehearsed with all involved staff | X | | |
| 11.5 Flags, anthems, flowers and champagne | | X | |
| 11.6 Presenters appointed as per ITU protocol | X | | |
| 11.7 Paratriathlon (<i>if applicable</i>) a) Medals and flowers for all categories and guides b) Wheel chair accessible podium | | | |

VENUE OPERATIONS SERVICES

| 12. Athlete Services | ✓ | ✘ | Comments |
|------------------------------------|---|---|--|
| 12.1 Athlete's Guide | X | | We had problem with ITU website as athletes guide was missing there for a while for not known reason. Was second time uploaded 5 days before race. For briefing venue was chosen perfect place – historical building with big space. |
| 12.2 ITU Website accuracy | | X | |
| 12.3 Suitability of briefing venue | | | |
| a. PA system | X | | |
| b. Room Layout | X | | |
| c. Refreshments and bottled water | | X | |
| 12.4 Athlete Information Booth | | | |
| a) Training times posted | X | | |
| b) Air & Water temperature posted | | X | |
| c) Full event schedule available | X | | |
| 12.5 On site 'Athlete Lounge' | | | |
| a. Location | X | | |
| b. Furnishings | | | |
| c. Food service | | X | |
| d. Volunteers | | X | |

| | | | |
|--|---|---|--|
| e. Secure clothing storage area | X | X | |
| f. Access to toilets and adequate number of toilets | X | | |
| 12.6 Paratriathlon (if applicable) | | | |
| a) Proper credentials for personal handlers, and swim exit assistants, | | | |
| b) Handlers' briefing and training conducted by the TD. | | | |
| c) Athletes' race packages | | | |
| d) Wheel chair accessible athletes' briefing venue | | | |

| 13. Anti-Doping Control | | ✓ | ✗ | Comments |
|---|-----------------|--|---|--|
| 13.1 Number of urine tests | | X | | 2 tests (1 st female, 1 st male) |
| 13.2 Adequate number of appropriate people to act as chaperones (English speaking, over 19 years of age, available for the whole time that they are needed) | | X | | Managed by Antidoping guys directly |
| 13.3 Doping Control Station (proximity to finish, set-up, fluid supply, processing rooms) | | X | | |
| 13.4 Doping Control Agency completing the tests information | Agency's name: | SADA (Slovak anti-doping agency) | | |
| | Contact person: | | | |
| | Email address: | office@antidoping.sk | | |

| 14. Volunteer Services | | ✓ | ✗ | Comments |
|--|--|---|---|----------------------|
| 14.1 Field of Play: look of the event – Uniform etc. | | X | | Perfect as last year |
| 14.2 Understand responsibilities | | X | | |
| 14.3 Assertive to control the situation, proactive, prepared | | X | | |
| 14.4 No cheering or getting in the way | | X | | |

| 15. Venue Operations Management | | ✓ | ✗ | Comments |
|------------------------------------|--|---|---|---|
| 15.1 Venue layout according to EOM | | X | X | More and less based on location possibilities and budget for this junior race |
| 15.2 Environment and recycling | | X | | |

| 16. Communications | | ✓ | ✗ | Comments |
|-----------------------------------|--|---|---|---|
| 16.1 Race Communication plan/ VCC | | X | X | Missing 1 medical responsible from LOC side, 3 different rescue teams, managed by TD directly |
| 16.2 Radio Communication plan | | X | | |

| 17. Security and Accreditation | | ✓ | ✗ | Comments |
|-----------------------------------|--|---|---|----------|
| 17.1 ITU accreditation plan | | | | |
| 17.2 Access areas clearly signed | | | | |
| 17.3 Site secure areas controlled | | | | |

| 18. Timing Company | | ✓ | ✗ | Comments |
|--|------------------|--|---|--|
| 18.1 Timing Company | Name: | Sportsoft | | |
| | Email: | info@sportsoft.cz | | |
| | Operators' name: | | | |
| 18.2 Number of timing points and locations | | X | | 3 points to measure – end of swim/run turnaround, TA mount/dismount line, finish |
| 18.3 Timing system used (ea. AMB, championship etc.) | | | | |
| 18.4 Live Timing Services During Event | | | X | |
| 18.5 Timely delivery of final results | | X | | |

CLIENT SERVICES

| 19. Spectator Services | ✓ | ✘ | Comments |
|---|---|---|---|
| 19.1 Spectator viewing areas | X | | Change from last year, grand stand was in finish area, aprx. For 100 people |
| 19.2 Grandstand capacity (Number) | X | | |
| 19.3 Controlled flow | X | | |
| 19.4 Spectator directional signage | | | |
| 19.5 Food and beverage vendors and Sport Expo | X | | |
| 19.6 Toilets | | | |
| a) Adequate number | X | | |
| b) Clean and serviced | X | | |

| 20. Transportation Services | ✓ | ✘ | Comments |
|---|---|---|----------|
| 20.1 Airport pick up and drop off for all ITU officials | X | | |
| 20.2 ITU officials on site transportation | | X | |
| 20.3 Public Transportation and parking available for spectators | x | | |

| 21. Sponsor Services and Branding | ✓ | ✘ | Comments |
|--|---|---|----------|
| 21.1 Branding according to ITU Guidelines | X | | |
| 21.2 Sponsor Branding on all event print materials | X | | |

| 22. VIP & ITU Family Services | ✓ | ✘ | Comments |
|---|---|---|------------------------------------|
| 22.1 ITU team hotel: walking distance from the venue | X | | Hotel, food provided on high level |
| 22.2 Extra VIP event passes provided for ITU, if required | | | |
| 22.3 ITU Family Welcome Package | X | X | |
| 22.4 Approved VIP hosting areas | X | | |
| 22.5 ITU office provided as per requirements | X | X | |
| 22.6 Mobile phones provided | | X | |

MEDICAL

| 23. Medical Services | ✓ | ✘ | Comments | | | | |
|---|---|---|--|--|----------------|--|--|
| 23.1 LOC Medical Director | <table border="1" style="width: 100%;"> <tr> <td style="width: 30%;">Name:</td> <td></td> </tr> <tr> <td>Email Address:</td> <td></td> </tr> </table> | | Name: | | Email Address: | | |
| Name: | | | | | | | |
| Email Address: | | | | | | | |
| 23.2 Race Medical Plan approved by ITU | | | 1 ambulance on side, 1 additional car with medical guy and 3 medical sisters on side (finish, run) | | | | |
| 23.3 Local hospital notified | X | | | | | | |
| 23.4 Number of ambulances on site and on course | x | | | | | | |
| 23.5 Medical facility | | | | | | | |
| a) Tent size and number of cots and blankets | X | | | | | | |
| b) Ice and fridge | | X | | | | | |
| c) Wading cool down pools (in hot weather) | | | | | | | |
| 23.6 Medical equipment and supplies | X | | | | | | |
| 23.7 Communication system (dedicated medical radio channel) | | X | | | | | |
| 23.8 Medical access to finish area | X | X | | | | | |

| | | | |
|--|---|--|--------------|
| 23.9 Medical access and exit from course | X | | |
| 23.10 Accidents/ medical incidents at the event <i>if yes, please submit the medical records (athletes' age, gender, cause of accident, nature of accident) and the police reports with your report</i> | | | No this year |

MEDIA SERVICES

| 24. General Requirements | ✓ | ✘ | Comments |
|-------------------------------------|---|---|----------|
| 24.1 ITU Media Coordinator from LOC | | X | |

| 25. Media Services | ✓ | ✘ | Comments |
|--|---|---|------------------------------|
| 25.1 Press Centre for general media | | | n/a |
| 25.2 Pre-Race Press Conference | | | Few local photographers only |
| 25.3 Media Briefing and walk-through | | | |
| 25.4 On course media zones and dedicated photo positions (swim, bike, run, transition, finish) | | | |
| 25.5 Mixed Zone separate from athletes | | | |
| 25.6 One (1) Motorcycle and driver and additional helmet for ITU official photographer | | | |
| 25.7 Photo stand and Mixed zone | | | |

| 26. Television Production | ✓ | ✘ | Comments |
|---|---|---|----------|
| 26.1 Local TV crew on site | | | n/a |
| 26.2 Maximum three (3) motorcycles with drivers and extra helmets | | | |
| 26.3 Boat and driver for camera crew (if required) | | | |
| 26.4 Allocated priority space for ITU TV camera + tripod at finish line, with clear, unblocked view of finish | | | |
| 26.5 Post race interview set up | | | |

TECHNICAL OFFICIAL'S ASSIGNMENTS

| 27. Post Technical procedures | Comments |
|---|---|
| 27.1 Please list the names of the Competition Jury's members | Petr Muzicek (CZE) Chrits Kitchen (GBR) Jozef Jurasek (SVK) |
| 27.2 How many appeals/ protests were discussed by the Competition Jury? <i>(If any, please submit copy of the appeal and protest forms)</i> | No appeals, no protests |
| 27.3 Are there any recommendations that you may have for rule modifications or inclusions to the ITU Technical Committee, based on your experience at this event? | No |

Please include the names of the Technical Officials and their country of origin next to their assigned positions for this event. Indicate the vacant or non-applicable positions with N/A instead of a name.

Please make sure that the technical officials ITU TOS' ID is included in the table below, in order for the post-race report to be approved by ITU.

Evaluate the TOs based on their performance with **1 (poor) to 5 (very good)**. This column will be removed from the report after ITU's approval. The TOs' score will be used only for internal purposes.

| Assignments | | Technical Official's data | | | | | TOS Evaluation |
|------------------------------|---------------------|---------------------------|------------|---------------------------|--------------|---------|-------------------|
| Primary Position | Secondary Position | First Name | Last Name | ITU TOS' ID (If known) | Gender (M/F) | Country | |
| Technical Delegate | Starter | Petr | Muzicek | | M | CZE | n/a |
| Assistant Technical Delegate | Chief Race Official | Marian | Czina | | M | SVK | 5 |
| Race Referee | Starter | Radana | Novakova | | F | CZE | 5 |
| Chief Registration | Line Up Official | Gabriela | Pohankova | | F | CZE | 4 |
| Chief Swim | Assist. TA | Zuzana | Szaboova | | F | SVK | 4 |
| Chief Transition | | Milan | Celerin | | M | SVK | 4 |
| Chief Cycle | | Jozef | Drahovsky | | M | SVK | 5 |
| Chief Lap Auditor | Assist. TA | Silvia | Blahova | | F | SVK | 4 |
| Chief Wheel Station | | Jozef | Vrabel | | M | SVK | 4 |
| Chief Run | | Jaroslav | Cisar | | M | SVK | 4 |
| Chief Aid Station | Finish Tape Holder | Silvia | Svecova | | F | SVK | 4 |
| Chief Penalty Box | | Elena | Stankova | | F | SVK | 4 |
| Chief Finish | | Aniko | Ozorakova | | F | SVK | 4 |
| Assistant Registration | Finish Tape Holder | Zoe | Zdrazilova | | F | CZE | 4 |
| Assistant Registration | Line Up Official | Daniel | Pača | | M | SVK | 3 |
| Assistant Swim | Boat 1 | Zuzana | Dačová | | F | SVK | 3 |
| Assistant Swim | Boat 2 | Miroslava | Ozorakova | | F | SVK | 3 |
| Assistant Transition | Line Up Official | Gabriel | Suchy | | M | SVK | 3 |
| Assistant Transition | Line Up Official | Denis | Barna | | M | SVK | 3 |
| Assistant Cycle | | Tadeas | Drahovsky | | M | SVK | 4 |
| Assistant Run | Assist. TA | Marian | Pavul | | M | SVK | 3 |
| Assistant Penalty Box | Line Up Official | Lenka | Bystricka | | F | SVK | 3 |

SUMMARY:

Good race without any complication, this year without injuries during bike course. Athlete's briefing on better place (historical building in city centre), the same course as last year, with finish layout improvement. No protest, no appeals. For this year we had more TOs as this event was connected with ITU TO Level 1 seminar, this also helped to have smooth race. Thanks to Duncan all TOs understand better what to do.

Positive aspects of the event:

Briefing place

Usage of experience from last year

Finish line direct this year

Recovery zone improved (space, more food variation)

LOC proactivity and skills

Points to improve for future editions:

Athlete's lounge size (secured bigger tent with possibility to store there athlete's equipment)

Start area (for future to have a pontoon)

Bike course safety – better secure part of bike course where are crosspoints with spectators (space between TA and turnaround and then first turn after bridge – volunteers supported by fences)